

## QUICKSTEP / COMPLIMENTS / MOVEMENTS

### UNDER 13 GRADE

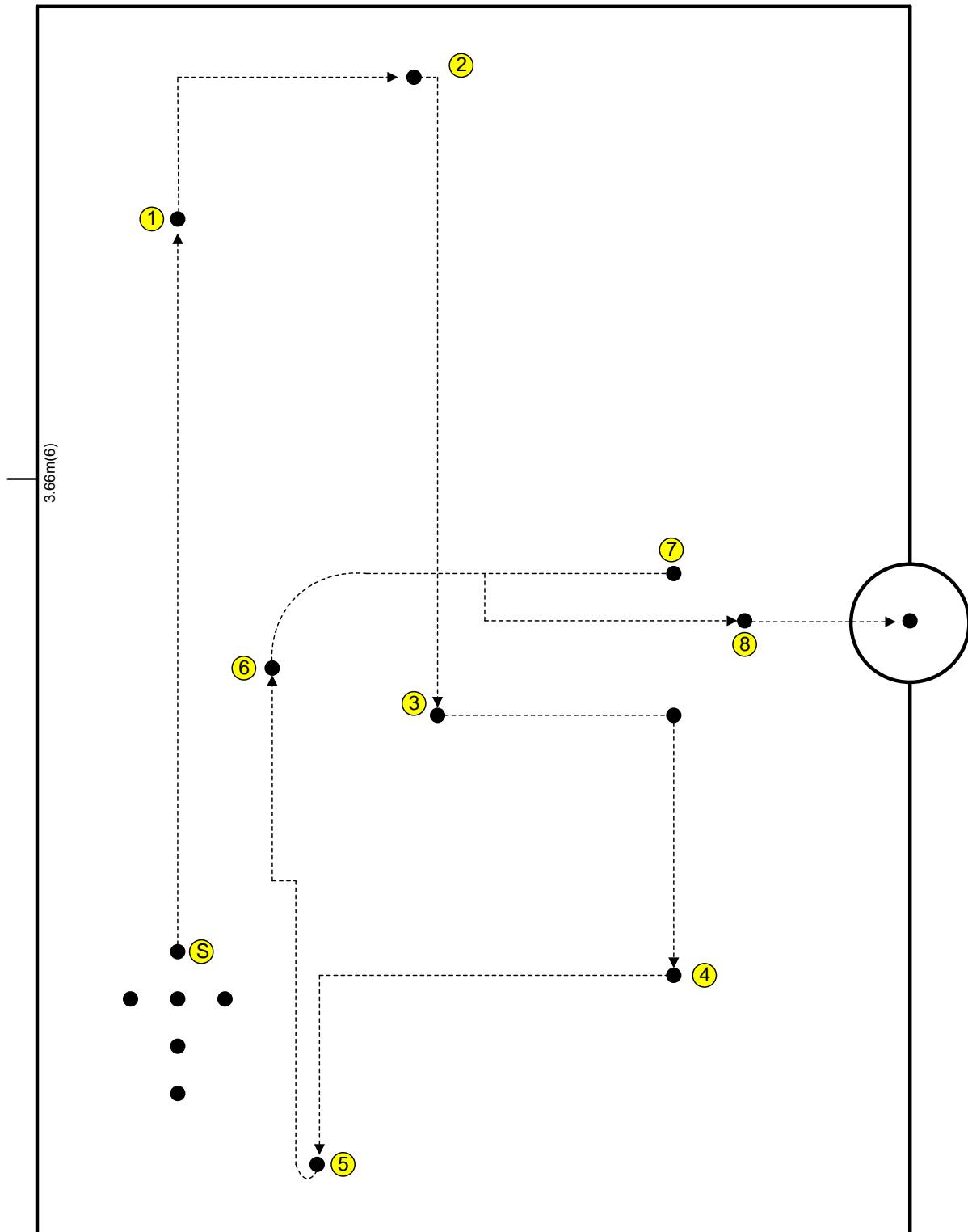
DISC	MOVEMENT	No. of BEATS
Start	Quickstep / Compliments	37
1	Mark time and Right Turn	18
2	Right Turn Countermarch	33
3	Form Echelon / Salute	27
4	Reform Team	29
5	Reverse Wheels	34
6	Right Wheel	17
7	Turns to Rear / front	33
8	Form Y	23

#### DISC MEASUREMENTS:

Disc	No. of Paces	Left of Centre	No. of Paces	From Front Boundary	No. of Paces	Right of Centre
Start	14	8.54 m	31	18.91 m		
1			31	18.91 m	17	10.37 m
2			21	12.81 m	23	14.03 m
3	4	2.44 m	20	12.20 m		
4	15	9.15 m	10	6.10 m		
5	23	14.03 m	25	15.25 m		
6	2	1.22 m	27	16.47 m		
7			10	6.10 m	2	1.22 m
8			7	4.27 m		

#### TIME:

2 minutes 45 seconds (approx.)



**START: By the Centre Quick March**

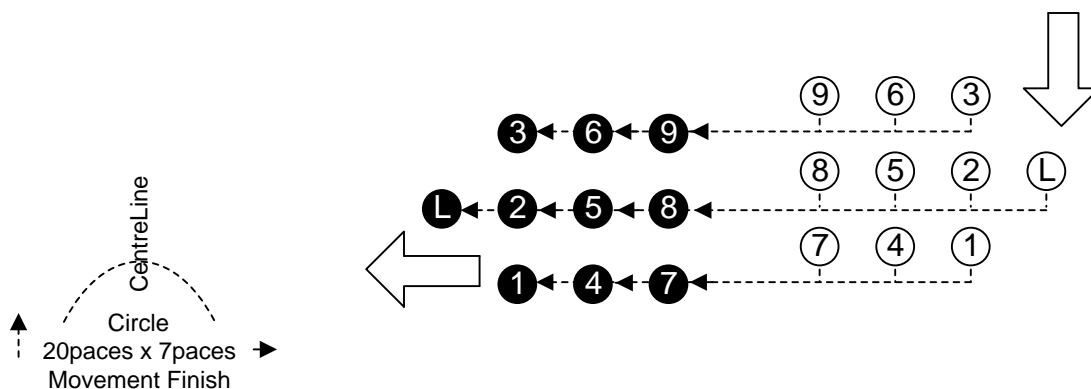
QUICKSTEP/COMPLIMENTS:	
<b>Leader</b>	March nine paces, halt, pause two beats (saluting and turning head to the right on the first beat), march eleven paces (left arm at side), halt, pause two beats (dropping salute and turning head to the front on the first beat) and step out.
<b>No. 1</b>	March nine paces, halt, pause two beats, march eleven paces (arms at sides), halt, pause two beats and step out.
<b>Nos. 2/3/4/5/6/7/8/9</b>	March nine paces, halt, pause two beats turning heads to the right on the first beat, march eleven paces (arms at sides), halt, pause two beats turning heads to the front on the first beat and step out.
<b>All Members</b>	From the START, including the step out pace on the LEFT foot, THIRTY ONE paces will be taken to bring the Leader's LEFT foot onto Disc 1.

DISC 1 – MARK TIME / RIGHT TURN	
<b>All Members</b>	Halt, mark time ten beats, march six paces, right turn and step out
<b>All Members</b>	Including the step out pace on the RIGHT foot, march TEN paces to bring the Leader's LEFT foot onto Disc 2.

The diagram illustrates the formation and movement for Disc 1. It shows a 3x6 grid of positions numbered 1 through 9. Positions 1, 2, 3 are in the front row; 4, 5, 6 in the middle; and 7, 8, 9 in the back. A leader 'L' is positioned to the right of the middle row. Arrows indicate a right turn and a step out. To the right, a dashed circle is shown with a 'Centre Line' and dimensions '31paces x 23paces', ending at 'Movement Finish'.

**DISC 2 – RIGHT TURN COUNTERMARCH:**

<b>All Members</b>	Halt, mark time six beats turning evenly 90 degrees to the right
<b>Leader</b>	Take one side pace to the left, march six paces (arms at sides), march ten paces, halt, pause five beats, mark time two beats and step out
<b>Nos. 1/2/3</b>	Pause six beats, take one side pace to the left, march four paces (arms at sides), march eight paces, halt, pause three beats, mark time two beats and step out
<b>Nos. 4/5/6</b>	Pause twelve beats, take one side pace to the left, march two paces (arms at sides), march six paces, halt, pause one beat, mark time two beats and step out
<b>Nos. 7/8/9</b>	Pause eighteen beats, take one side pace to the left, march four paces, mark time two beats and step out
<b>All Members</b>	Including the step out pace on the LEFT foot, march ELEVEN paces to bring the Leader’s LEFT foot onto Disc 3.

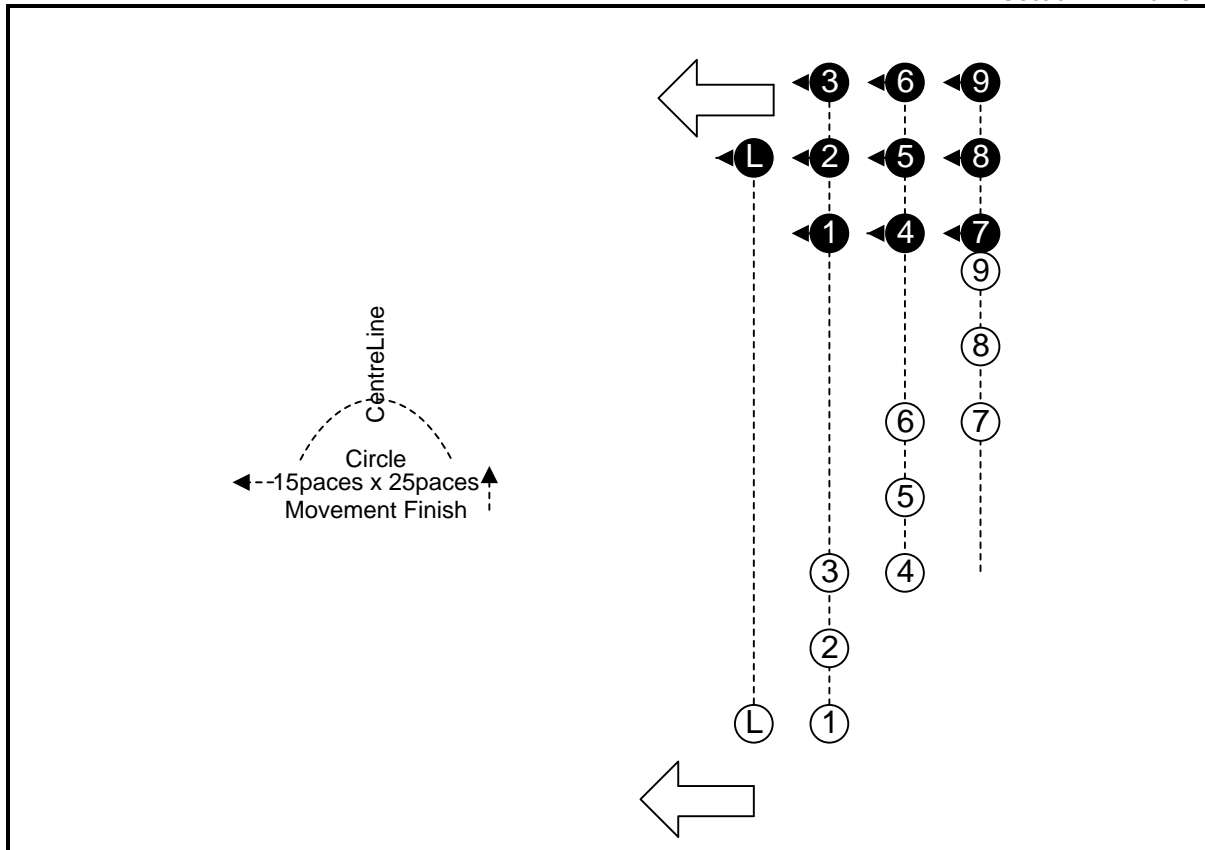


**DISC 3 – FORM ECHELON / SALUTE**

<b>All Members</b>	Halt, mark time two beats, pivot 90 degrees to the left on the ball of the right foot, pause one beat
<b>Leader</b>	March ten paces, mark time two beats
<b>Nos. 1/2/3</b>	March eight paces, mark time four beats
<b>Nos. 4/5/6</b>	March four paces, mark time eight beats
<b>Nos. 7/8/9</b>	Mark time twelve beats
<b>All Members</b>	Pause eight beats (saluting in unison on beat three and concluding salute on beat six), pivot 90 degrees to the right on the ball of the right foot, pause one beat and step out

<b>All Members</b>	Including the step out pace on the LEFT foot, march ELEVEN paces to bring the Leader’s LEFT foot onto Disc 4

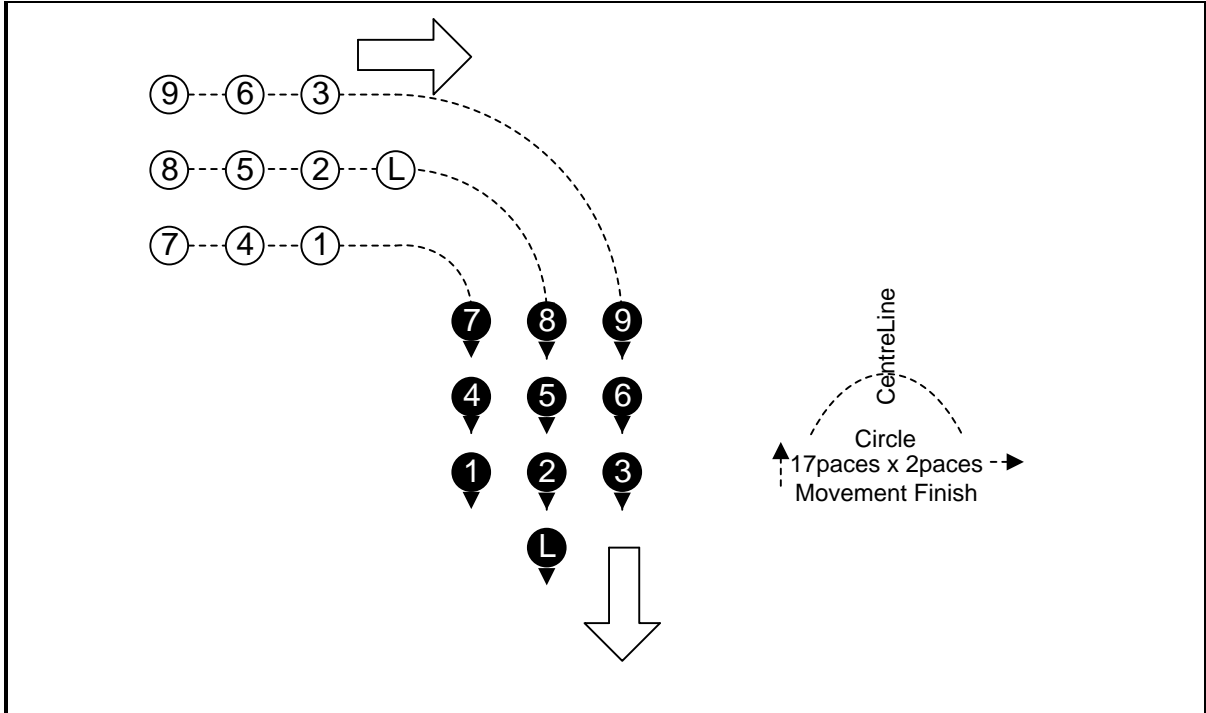
<b>DISC 4 – Reform Team</b>	
<b>All Members</b>	Halt
<b>Leader</b>	Take four side paces to the right, mark time six beats, pivot 90 degrees to the right on the ball of the left foot, pause one beat, march eleven paces, left turn and step out
<b>Nos. 1/2/3</b>	Take two side paces to the right, pause four beats, mark time six beats, pivot 90 degrees to the right on the ball of the left foot, pause one beat, march eleven paces, left turn and step out
<b>Nos. 4/5/6</b>	Pause eight beats, mark time six beats, pivot 90 degrees to the right on the ball of the left foot, pause one beat, mark time two beats, march nine paces, left turn and step out
<b>Nos. 7/8/9</b>	Take two side paces to the left, pause four beats, mark time six beats, pivot 90 degrees to the right on the ball of the left foot, pause one beat, mark time four beats, march seven paces, left turn and step out
<b>All Members</b>	Including the step out pace on the LEFT foot, march EIGHT paces to bring the Leader’s RIGHT foot onto Disc 5.



**DISC 5 – Reverse Wheels**

<b>Leader</b>	Mark time two beats, march six regulated paces to wheel 180 degrees to the right (radius half pace), march four paces (arms at sides), march eight paces, mark time twelve beats, take one side pace to the left and step out
<b>Nos. 1/2/3</b>	Mark time four beats, march two paces (arms at sides), mark time two beats, march six regulated paces to wheel 180 degrees to the right (radius half pace), march two paces (arms at sides), march eight paces, mark time eight beats, take one side pace to the left and step out
<b>Nos. 4/5/6</b>	Mark time four beats, march two paces (arms at sides), mark time four beats, march two paces (arms at sides), mark time two beats, march six regulated paces to wheel 180 degrees to the right (radius half pace), march eight paces, mark time four beats, take one side pace to the left and step out
<b>Nos. 7/8/9</b>	Mark time four beats, march two paces (arms at sides), mark time four beats, march two paces (arms at sides), mark time four beats, march two paces (arms at sides) mark time two beats, march six regulated paces to wheel 180 degrees to the right (radius half pace), march six paces, take one side pace to the left and step out

<b>All Members</b>	Including the step out pace on the LEFT foot, march NINE paces to bring the Leader’s LEFT foot onto Disc 6.
<b>DISC 6 –RIGHT WHEEL:</b>	
<b>All Members</b>	Halt
<b>Leader</b>	March ten regulated paces (arms at sides) to wheel 90 degrees to the right (radius four paces), turning head to the right on completion of the first regulated pace, and turning head to the new front on the completion of the tenth regulated pace, march six paces and step out.
<b>Nos. 1/2/3</b>	March two paces, turning heads on completion of the first regulated pace (No. 1 to the left, Nos. 2/3 to the right), march ten regulated paces (arms at sides) to wheel 90 degrees to the right (radius – No. 1 two paces, No. 2 four paces, No. 3 six paces), and turning heads to the new front on completion of the tenth regulated pace, march four paces and step out.
<b>Nos. 4/5/6</b>	March four paces, turning heads on completion of the first regulated pace (No. 4 to the left, Nos. 5/6 to the right), march ten regulated paces (arms at sides) to wheel 90 degrees to the right (radius – No. 4 two paces, No. 5 four paces, No. 6 six paces), and turning heads to the new front on completion of the tenth regulated pace, march two paces and step out.
<b>Nos. 7/8/9</b>	March six paces, turning heads on completion of the first regulated pace (No. 7 to the left, Nos. 8/9 to the right), march ten regulated paces (arms at sides) to wheel 90 degrees to the right (radius – No. 7 two paces, No. 8 four paces, No. 9 six paces), and turning heads to the new front on completion of the tenth regulated pace and step out.
<b>All Members</b>	Including the step out pace on the LEFT foot, march SEVEN paces to bring the Leader’s LEFT foot onto Disc 7.



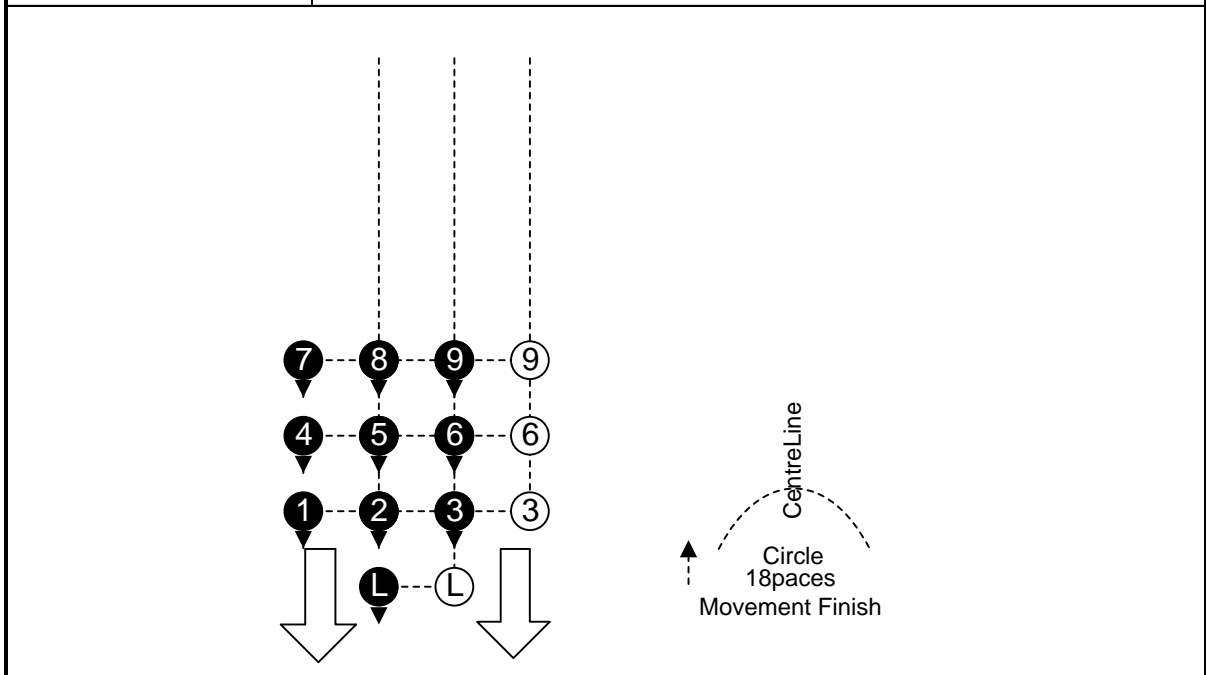
**DISC 7 – Turns to Rear / Front**

**All Members**

Halt, pause two beats, pivot 90 degrees to the right on the ball of the left foot, pause one beat, mark time six beats turning evenly 90 degrees to the right, march eight paces, mark time six beats turning evenly 90 degrees to the right, pause two beats, pivot 90 degrees to the right on the ball of the left foot, pause one beat, take two side paces to the right (on the left beat) and step out

**All Members**

Including the step out pace on the LEFT foot, march ELEVEN paces to bring the Leader's LEFT foot onto Disc 8.







**NOTES:**

1. There will be no whistle signal to indicate the final halt.
2. The left turn executed to march off the competition area is optional, but must not exceed four beats.
3. The team must march directly off the competition area and must not halt or disband until well clear of the side boundary.